What to expect for students participating in the Asymptomatic COVID-19 Screening Programme

Essential preparation before your first swab day
- Ensure you know who is in your household and testing pool. Discuss with other members of your household and if in doubt check with your College. This may change week-to-week if people move accommodation, or leave or join the programme
- Decide who will be your pool lead and (preferably) nominated deputy
- If necessary, review the Consent Form, Privacy Notice, Student Information Sheet and other information available for on the Stay Safe Cambridge Uni website.

Day -1 (the day before your swab day)
- You will receive an email reminder, telling you who is in your testing pool, and who should (or should not) take part in pooled sample collection (swabbing) that week
- Testing kits should be collected by your pool lead (or nominated deputy). They are contained within a C5/A5 brown paper envelope, and will be distributed by your College (e.g. placed into the pigeonhole of one named individual in the testing pool).
- Arrange a mutually convenient time for pooled sample collection (swabbing) on the morning of your swab day (before 11AM!)
- Remember to let us know if you can’t participate for any reason (e.g. if you will be self-isolating on your swab day, have tested positive for COVID-19 in the previous 8 weeks, or will not be in residence on your swab day)

Day 0 (your swab day)
- Take part in pooled sample collection (swabbing) if appropriate
- Samples must be delivered to the College collection point before 11AM by your pool lead (or nominated deputy), who should also complete a short on-line form (using the QR code on the envelope of the testing kit) to tell us the number of swabs in the sample

Day +1 (the day after your swab day)
- If you have provided a mobile number, you will receive your pooled screening test result by text message at around 9AM. This may be slightly later in the first weeks of the programme. If you have not provided a mobile number, your College will contact you later with your result
- If your pooled screening test result is positive, you will be booked for an individual confirmatory test on the same day at the University testing pod. Details of your appointment will be sent to your @cam.ac.uk email address. The earliest appointments will be at 10:30AM. It is absolutely essential you attend, so please check your email regularly!
- If the pooled screening test result is positive for you or anyone in your household, you will be asked to self-isolate immediately. Note that some large households are split between more than one testing pool
- Your College will be informed of your results and provide support if you need to self-isolate

Day +2 (only relevant following a positive pooled screening test)
- Results of individual confirmatory tests and further guidance on the duration of self-isolation will be sent by text message, or communicated by your College (as above). Please contact your College or email the programme (asymptomatic-queries@admin.cam.ac.uk) if you have not received your results by 3PM
- In a small number of scenarios, a second round of individual tests will be required. If this is the case, all necessary information will be provided by text message, email or telephone