When you see a problem situation...

**Distract**
Approach the victim with a reason for them to leave the situation – tell them they need to take a call, or you need to speak to them; any excuse to get them away to safety.

**Direct action**
Call out negative behaviour, tell the person to stop or ask the victim if they are OK. Do this as a group if you can.

**Delay**
Wait for the situation to pass then ask the victim if they are OK. Or report it later when it’s safe to do so – it’s never too late to act.

**Delegate**
Tell someone with the authority to deal with the situation, or call for help.

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**Breaking the Silence**
Cambridge Speaks Out Against Sexual Misconduct